

HOMESCHOOLING YOUR DIFFERENTLY WIRED CHILD

Why Homeschool Gifted Kids

- [The Ultimate Guide to Homeschooling Gifted Kids](#)
- [Why Should You Homeschool Your Gifted Children?](#)
- [Falling Unexpectedly In Love With Homeschooling My Gifted Child](#)
- [Navigating Social and Emotional Needs of Gifted Students](#)
- [Homeschooling 2E Kids](#)
- [Should I Test my Child for Giftedness?](#)

Interest-Led Homeschooling

- [Building Our Own Curriculum](#)
- [What is Deschooling...And Do I Need It?](#)
- [Homeschooling a Kid Who Is Smarter Than I Am](#)
- [Motivating Gifted Underachievers](#)
- [Interest Driven Learning](#)
- [Creating Your Own Interest-Led Homeschooling for Middle School](#)
- [101 Reasons Eclectic Homeschooling Works for Gifted Kids](#)

All About Differently-Wired Kids

- [100 Hints Your Child May Be Gifted](#)
- [Giftedness Disguised](#)
- [Learning Strategies for Reluctant Gifted Learners](#)
- [Smart Kids Still Need Help](#)
- [What is an Intense Child?](#)
- [Managing Over-Excitabilities](#)
- [Asynchronous Development in Gifted Kids](#)
- [Let's Talk About Emotional Overexcitability](#)
- [Overexcitabilities and Why They Matter for Gifted Kids](#)
- [Tips for Motivating Gifted Kids](#)

Perfectionism and Anxiety

- [Helping Your Child Manage Perfectionism](#)
- [Homeschool Testing and Perfectionism](#)
- [10 Tips for Managing Perfectionism](#)
- [The Anxious Parent of the Anxious Child](#)

Curriculum Planning & Reviews

- [Fall Plans for Eclectic Homeschooling](#)
- [Homeschool Curriculum Choices 2015-2016](#)
- [Learn Basic Coding Skills](#)
- [Using Time4Learning In Your Homeschool](#)
- [Writestop to the Rescue](#)

CALMING ACTIVITIES TO HELP WITH INTENSITY

Sleep, Quiet Time, Rest Period, Siesta: Intense kids need their sleep, but often have trouble falling asleep (and staying) asleep. Give them a dedicated time to decompress during the day,. If they won't nap, they can take the time to play quietly.

Water Play: Water is soothing. Have your child play in a sink, tub, or water table. Have her wash her dolls. Have him give his toy cars a car wash.

Creativity and Imagination: Use your imagination (and your child's) to give them a sensory input they may need. Wrap her in a blanket like a burrito. Dress him in a make-believe tuxedo.

Sensory Play: Play dough, slime, corn starch, oatmeal, sand, and other sensory materials can be very soothing.

Exercise and Motion: Repetitive motion like jumping on a mini trampoline or swimming can be great for antsy little ones. Have them do jumping jacks or run laps.

Reading: A little time to get lost in a good book can be a great release from whatever is stressing your child. Make a pillow fort for him or her to cuddle up in.

Humor: Tell some jokes or find the humor in the situation. Laughing together is a great release.

Break Time (Time Outs): Teach your child when he or she needs a break from others. These self-imposed time-outs aren't punishments: They're a time to recharge.